## Lost and Restricted Days

1. Do not count the day on which the injury or illness occurred.
2. Use calendar days to count the number of lost days the employee was away from work based on medical documentation. Enter “Begin Date” & “Actual End Date” in STARS Enterprise and total will be calculated.

* Example: DOI 8/2/11, MD states patient may return to work with no limitations on 8/18/11. Enter Begin Date as 8/3/11 and Actual End Date as 8/17/11.

1. Use calendar days to count the number of restricted days the employee is unable to perform one or more of the routine functions of his job based on medical documentation. Enter “Begin Date” & “Actual End Date” in STARS Enterprise and total will be calculated.

* Example: On 8/18/11 the MD states patient may return to work with 10lb lifting restrictions until 9/1/11. Employer can accommodate restrictions. Enter Begin Date 8/18/11 and Actual End Date as 8/31/11. MD released employee with no restrictions on 9/1/11.

1. If time lost involved both days away from work and days of restricted work activity, enter the total number of days in the appropriate category.

* Example: On 8/18/11 the MD states patient may return to work with 10lb lifting restrictions until 9/1/11. Employer cannot accommodate restrictions. Enter the Away From Work period with Begin Date 8/18/11 and Actual End Date 8/31/11.
* Example: On 8/18/11 the MD states patient may return to work with 10lb lifting restrictions until 9/1/11. Employer can accommodate restrictions but only at 4 hours a day. Enter Restricted Period as Begin Date 8/18/11 and Actual End Date as 8/31/11.

## You may stop counting days of restricted work activity or days away from work once the total of either or the combination of both reaches 180 days.