

# Performance Conversations & SMART Goals

---

*UW System Human Resources*

# Today's Session

- Foundations: Best Practices & PM Workgroup Recommendations
- Evolving toward a Performance Management Philosophy
- Engaging in the Performance Conversation
- Creating Goals Using SMART**ER** Framework
- Timeline for 2021 Performance Management



# Best Practices in Performance Management

- Performance management = holistic process
- Continuous communication, feedback and coaching – no surprises at annual review
- Interim reviews (midcycle)
- Paperless appraisals & PM technology
- Goal alignment between employee's work and organizational goals



# Performance Management Workgroup Recommendations

1. Operationalize performance management philosophy
2. Strengthen employee and management competency
3. Goal alignment: individual, unit, departmental and organization
4. Go paperless with one rating instrument
5. Consider calendar year review period
6. Reduced rating scale from 5 to 3
7. Develop UWSA core values

# Evolving toward a Performance Management Philosophy

## Performance Appraisal

Annual event, static

Retrospective

Individual Development  
Plan

Formal documentation

## Performance Management

Continuous feedback

Reflective and  
prospective

Coaching and goal  
adjustment

Planning,  
SMART goal setting

### Annual Performance Appraisals

- Review goals and performance standards with employee
- Formalize feedback to employee on his or her work performance
- Identify training or development needed to improve performance; and to prepare for anticipated changes in the unit
- Increase or maintain expected levels of productivity

### Holistic Performance Management

- Accomplishes goals of organization
- Strengthens communication/ collaboration across the institution
- Deepens employee engagement, retention & creates sense of accomplishment
- Clarifies performance expectations
- Offers discussion of learning and professional development opportunities



# Engaging in the Performance Conversation

---

- Ongoing coaching conversations
- Prepare for the performance evaluation discussion
  - Tips to improve performance conversations
  - Me File

# What is Coaching?

Coaching is a **focused and intentional effort** to help another person figure out the best way to **achieve** his or her **goals**, **build skill sets** or **expertise**, and **produce** the **results** the organization needs.

Coaching Conundrum, Global Executive Summary, Blessing White



# Coaching in the Moment

## Situation-Behavior-Impact Feedback Tool

- Situation – set the context
    - Where
    - When
  - **Behavior** – be specific and objective
    - What did you see?
    - What did you hear?
    - Is there something measurable you can share?
  - *Impact* – who was affected and how
    - Use “I” statements
    - Allow the other person time to reflect and respond
- During yesterday morning’s staff meeting, when you gave your presentation, you were **uncertain about two of the slides and your enrollment projections were incorrect.** *I felt embarrassed* because the entire leadership team was there. *I'm worried that this has affected the reputation of our team.*
  - At the project meeting on Monday afternoon, you **ensured that the meeting started on time and that everyone had handouts in advance. All of your research was correct.** *I'm proud* that you did such an *excellent job and put the organization in a good light. I feel confident that the project will be a success,* thanks to your hard work.

Developed by the Center for Creative Leadership



# Engaging in the Coaching Conversation

- Listen...pause before responding
- Ask questions
- Paraphrase what you heard
- Own it
- Be thankful



Adapted from “How to Handle Criticism”, MindTools, [https://www.mindtools.com/community/pages/article/newCS\\_89.php](https://www.mindtools.com/community/pages/article/newCS_89.php).

# Practice: Engaging in the Coaching Conversation

## Manager

- Situation – set the context
  - Where
  - When
- **Behavior** – be specific and objective
  - What did you see?
  - What did you hear?
  - Is there something measurable you can share?
- *Impact* – who was affected and how
  - Use “I” statements
  - Allow the other person time to reflect and respond

## Employee

- Listen...pause before responding
- Ask questions
- Paraphrase what you heard
- Own it
- Be thankful

# Prepare for the Performance Evaluation Discussion

- Tips to improve performance conversations
- Me File



[This Photo](#) by Unknown Author is licensed under [CC BY-SA-NC](#)

# Employee Tips for Better Performance Conversations

- Familiarize yourself with the process
- Conduct a self-assessment
- Document your achievements
- Review last year's evaluation
- What are your career, learning and professional development objectives?
- Set goals for the discussion
- Be prepared to initiate topics
- Prepare to hear some hard truths
- Follow up

\*Source: Excerpted from “Ace your next performance review with these top tips by Amanda Augustine. The Ladders.com (2014)

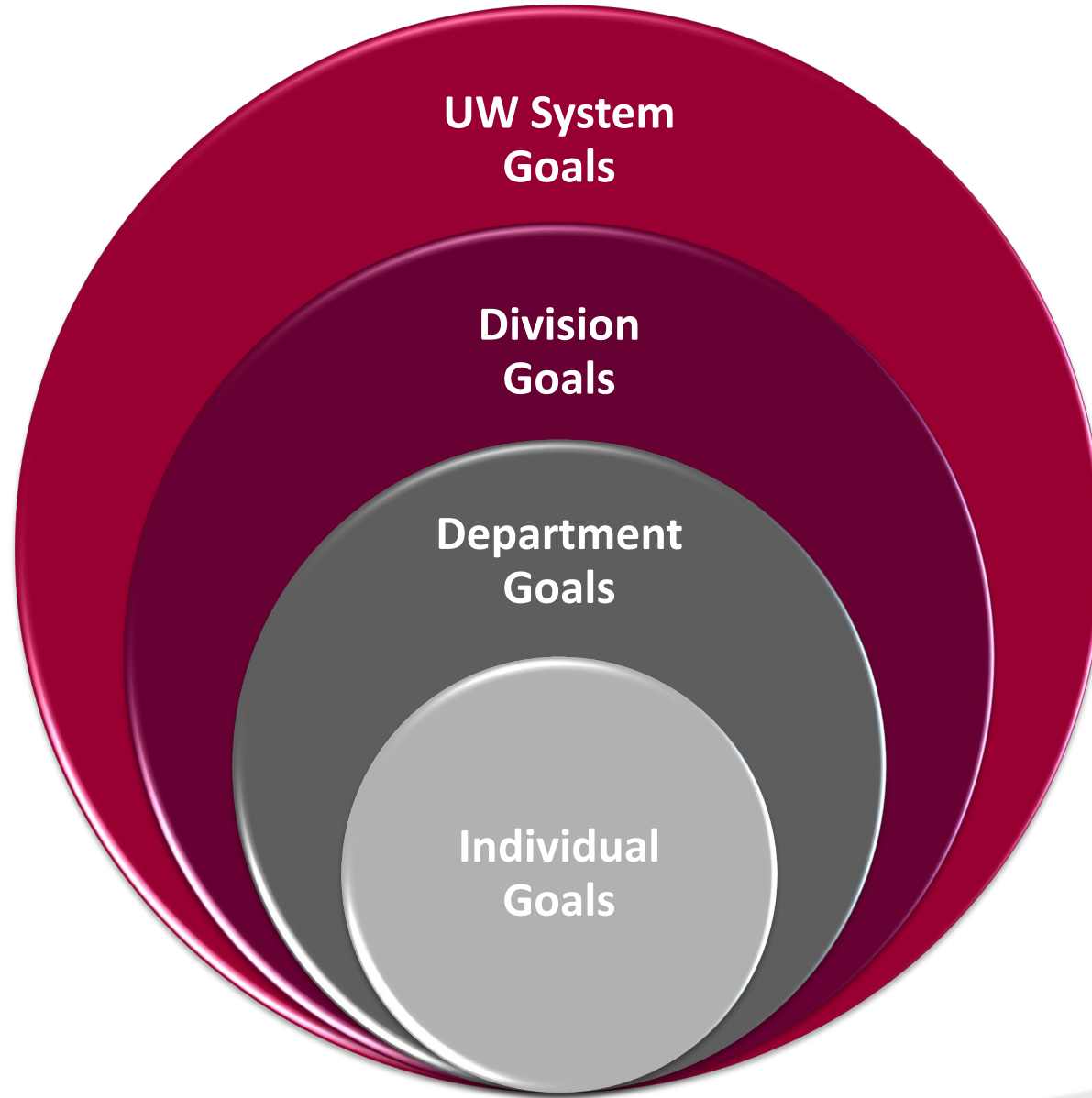
# “Me file” Starter

1. My contributions and accomplishments are...
2. Thanks, compliments and awards I received...
3. Significant challenge(s) I overcame...
4. What do I do well?
5. Where would I like to grow/develop in the next 6-12 months?

# Goal Setting with *SMARTER* Framework

---

# SMART Goal Alignment





# SMARTER Goal-Setting

<b><u>S</u>pecific</b>	What will be accomplished? What actions will you take?
<b><u>M</u>easureable</b>	What data will measure the goal? (How much? How many? How well?)
<b><u>A</u>ttainable</b>	Challenging but achievable. Is the goal doable?
<b><u>R</u>elevant</b>	How does the goal align with broader goals? Why is the result important?
<b><u>T</u>imely</b>	What is the time frame for accomplishing the goal?
<b><u>E</u>valuate</b>	Evaluate progress towards goals
<b><u>R</u>evise</b>	Revise as needed

- Help ensure clarity of expectations around desired accomplishments
- Contribute to better calibration in performance assessment between you and your supervisor
- Contribute to greater consistency in performance assessment across the organization

# Using the SMART Goal Formula

**Sample Goal Statement:** Manage and support effective performance resulting in achievement of 75% of program and individual performance targets by the end of the fiscal year.

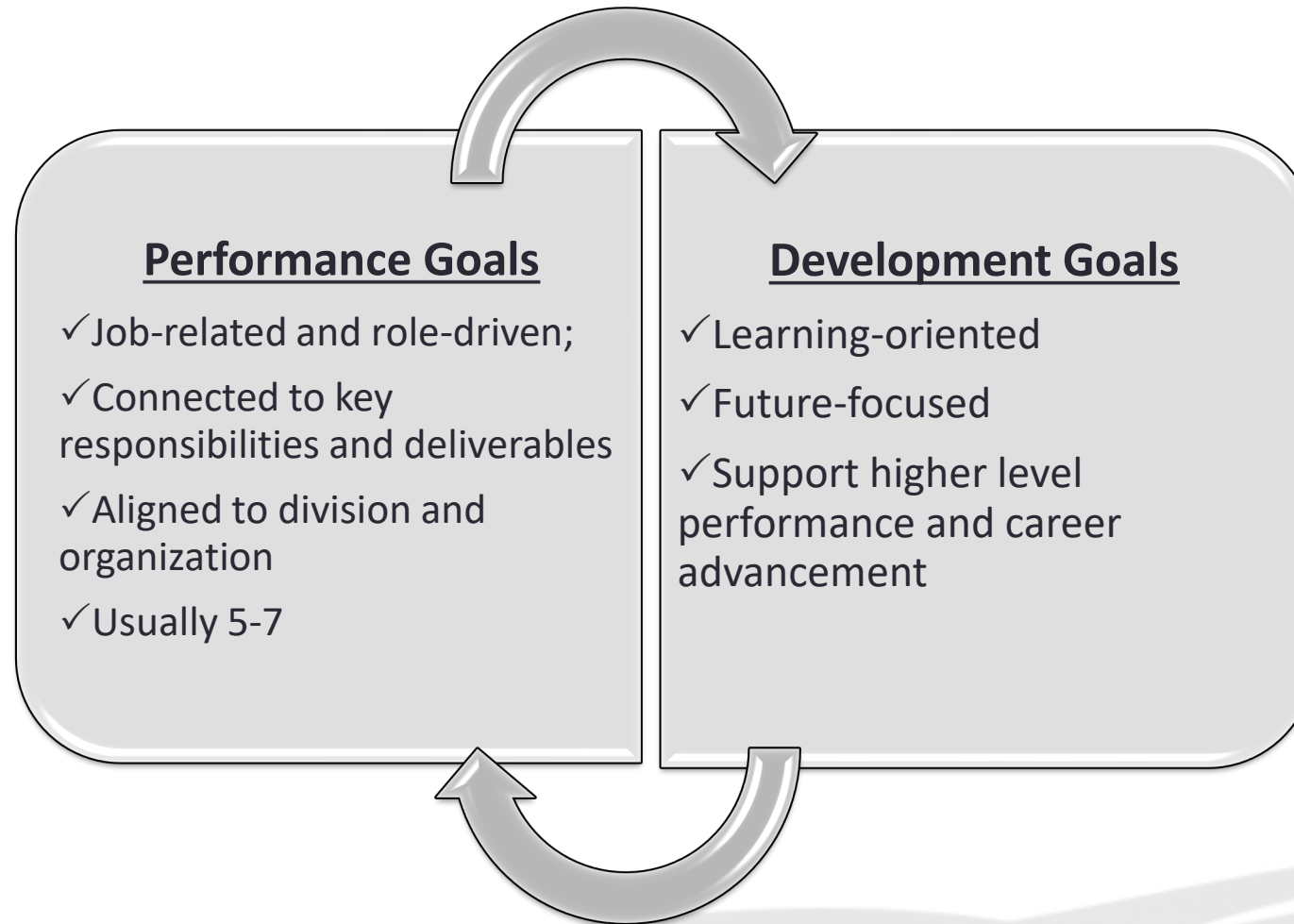
Goal Statement	What makes it SMART
Do _____...	<b>Specific</b> action taken
In order to _____ ...	To accomplish <b>measurable, relevant</b> result
By _____	Within certain <b>time frame</b>
	And make sure it's <b>achievable!</b> (realistic timeframe, sufficient resources and a feasible target)

**Manage and support effective performance** resulting in achievement of 75% of program and individual performance targets **by the end of the fiscal year.**

# PRACTICE: Writing SMART Goals

- Group activity
- Think about your goals over the next 6 months.
- Use the SMART framework to draft individual goals.

# Develop SMART Goals that Address Both Performance and Development



# Develop Action Plans to Support SMART Goals

- **Action plans** list specific tasks or steps to take that help support achieving the goal
- Help determine whether the end result and timeframe are achievable and the resources and support needed to be successful
- Serve as a **roadmap** to help employee/manager focus on areas for feedback and coaching



# Review

---

# Effective Performance Conversations

- Include coaching
- Are ongoing
- Are reflective and prospective
- Include discussion on employee's self-evaluation
- Incorporate SMARTER framework for performance and development goals
- *Evaluate* results/progress against goals
- *Revise* goals, as needed.

# Timeline for Annual Performance Management





# Thank you.

---