



**Board of Regents**

1860 Van Hise Hall  
1220 Linden Drive  
Madison, Wisconsin 53706  
(608)262-2324

DATE: April 1, 2016

TO: Members of the Board of Regents

FROM: Jane S. Radue, Executive Director and Corporate Secretary *JSR*

**PUBLIC MEETING NOTICE**

Meetings of the University of Wisconsin System Board of Regents  
to be held at UW-Green Bay University Union, 2420 Nicolet Drive, Green Bay, WI 54311  
on April 7 & 8, 2016

**Thursday, April 7, 2016**

9:00 – 10:30 a.m. Capital Planning and Budget Committee – Phoenix C

9:00 – 10:30 a.m. Research, Economic Development, and Innovation Committee – Phoenix AB

9:15 – 10:30 a.m. Audit Committee – University Union 103

10:30 a.m. *Break*

10:45 – 12:15 p.m. Business and Finance Committee – Phoenix C

10:45 – 12:15 p.m. Education Committee – Phoenix AB

12:15 p.m. *Lunch – Room 206/Cloud Commons*

1:15 p.m. All Regents – Phoenix AB

1. Calling of the roll
2. Updates and introductions
3. Host-Institution Presentation: Chancellor Gary Miller, UW-Green Bay – “UWGB: 50 and Forward”
4. *Presentation and Discussion:* “Student Health, Well-being and Safety,” led by Alice Reilly-Mykelbust, Director of Student Health and Counseling Services, UW-River Falls, and John Achter, Interim Associate Dean of Students, UW-Stout

*Followed by:*

3:00 p.m. (*time approximate*) Joint meeting of the Audit Committee and the Business & Finance Committee – Phoenix AB

**Friday, April 8, 2016**

9:00 a.m. All Regents – Closed Session – MAC Hall, Gathering Room

9:30 a.m. All Regents – University Union, Phoenix AB

*[See Friday agenda for details.]*

*Followed by:*

“Listening luncheon” for Regents, Chancellors and Invited Students – Kress Events Center, Special Events Room

*The closed session agenda may be moved for consideration during any recess in the regular meeting agenda. The closed session may be relocated to the University Union, Phoenix C, as needs dictate. The regular meeting will reconvene in open session following completion of the closed session.*

*Information about agenda items can be found during the week of the meeting at <http://www.uwsa.edu/bor/meetings/> or may be obtained from Jane Radue, Executive Director, Office of the Board of Regents, 1860 Van Hise Hall, Madison, WI 53706, (608)262-2324. Persons with disabilities requesting an accommodation to attend are asked to contact Jane Radue in advance of the meeting. The meeting will be webcast at <https://www.wisconsin.edu/regents/board-of-regents-video-streaming/> on Thursday, April 7, 2016, from 1:15 p.m. until approximately 3:00 p.m. and on Friday, April 8, 2016, from 9:30 a.m. until approximately noon.*

## **STUDENT HEALTH, WELL-BEING AND SAFETY**

### **BACKGROUND**

The University of Wisconsin (UW) System has done significant work over the past several years to measure student health, well-being, and safety as part of a national movement to better serve students and provide a safe environment for education. The UW System participated in four surveys and samples:

- National College Health Assessment-II (NCHA, Spring 2015)
- UW-System Counseling Impact Assessment Project (2011-2015)
- UW System Alcohol and Other Drug Survey (2004-2011)
- Healthy Minds Study (Spring, 2012)

Alice Reilly-Myklebust, Director of Student Health and Counseling Services at University of Wisconsin-River Falls and John Achter, Interim Associate Dean of Students, University of Wisconsin-Stout will present information on the findings of the survey information and conclusions to the Board of Regents.

### **REQUESTED ACTION**

For information only.

### **DISCUSSION**

Highlights of the information from the four surveys and samples presented include the following:

- While national NCHA trend data indicates that the number of students nationally reporting a disability is generally increasing, the reporting rates are higher than the national figures among UW System students, including rates for Attention Deficit Hyperactivity Disorder (ADHD), psychiatric conditions, chronic illness, and learning disabilities.
- According to national NCHA trend data, reported sexual assaults perpetrated on females have been increasing over the past seven years; reported sexual assaults perpetrated on males remained at a stable rate. For UW System females the rate was 2.7 percent of the student body in the last 12 months (compared to 0.5 percent UWS males).
- UW System students reported feeling very safe on their campuses and in their communities at rates higher than students nationally, both during the day and at night. Males felt safer than females, especially at night.

- Almost one-third of UW System students experienced clinically significant mental health symptoms measured over a 12-month period. At the same time, approximately 40 percent experienced above average levels of mental health, or "flourishing." (Healthy Minds Survey 2012).
- Increasing numbers of UW System students (almost one-third) reported that they did not drink alcohol during the last 30 days (at the time of the survey), and most students (61%) reported drinking the same or less than before coming to college.
- Reporting rates for suicidal and self-harming thoughts and behaviors were higher for students of color and Gay, Lesbian, Bisexual, Transgender, and Questioning (GLBTQ) students.
- Utilization of Counseling Services on campus has been increasing at higher rates than enrollment growth at UW System campuses. Campus Counseling Centers were often unable to keep up with these growing needs, at times resulting in waiting lists.
- Multiple health and mental health-related issues can have a significant negative academic impact on affected UW System students, such as receiving a lower grade on an exam or important project, receiving a lower grade in a course, receiving an incomplete or dropping a course, and significant disruption in thesis/dissertation/research/practicum work.

## **Future Directions**

Student health, well-being, and safety are of utmost importance to UW System leadership because they have a significant impact on individual students and their ability to be successful academically. Addressing these issues involves both policy development and allocation of systemwide resources in areas such as campus counseling, health services, and victim advocate services. However, these issues cannot be addressed in isolation and require comprehensive strategies that involve cooperation and collaboration from multiple entities on and off campus, and significant time and resources to make progress.

## **RELATED REGENT AND UW SYSTEM POLICIES**

Regent Policy 9-1: Principles for Developing Alcohol Policies (formerly 01-1)

Regent Policy 23-1: Basic Health Module (*formerly 78-9*)