



Your Employee Assistance Program

Let us help you live your best life.

Any day, any time, Kepro is available for free, confidential support.

Whatever the reason, we are here to help—when and where you need it.





**Your Employee Assistance Program
is dedicated to providing confidential
services and support to you at no cost.**

We're available 24 hours a day, 7 days a week, 365 days a year.

Toll-Free Phone Access

1 (833) 539-7285 | TTY: 1 (877) 334-0489

Online Resources & Tools

<https://sowi.mylifeexpert.com> | Code: SOWI

Note: users will need to create an account to
access the online EAP tools

