

UW System Alcohol and Other Drug Use Survey

Presented to UW System
Board Of Regents.

December 6, 2007



Presentation Outline

- Research Methodology
- Quantity Data: Alcohol
- Consequences (Direct and Indirect Harms)
- Prevention and Education
- Summary

Research Plan Overview

- Audience : Undergraduate Students
- Web-based survey
- 35,996 students were contacted. 15,077 returned the questionnaire.
- Response rate = 42%
 - (2005=24%)
- Margin of Error is $\pm .01$ @ 95%
- Data limitations



Quantity Data

Binge Drinking

	<u>2005</u> <u>%</u>	<u>2007</u> <u>%</u>
Total Binge Drinking*	59	54

***Definition:**

Binge drinking is measured as the consumption of 5 or more drinks in one sitting during the past two weeks

National comparison: 44% (Core Institute Study)

Binge Drinking

- One of the questions we sought to answer: **“What factors help us identify students who are more likely to engage in binge drinking?”**
- Identifying students who are more likely to binge drink may help us to refine and target our prevention and intervention efforts.

Binge Drinking Rate By Gender

	<u>2005</u> %	<u>2007</u> %
Male	69	63
Female	52	46

Binge Drinking Rate By Student Classification

	<u>2005</u> %	<u>2007</u> %
Freshman	54	48
Sophomore	56	52
Junior	62	58
Senior	65	57

Binge Drinking Rate By Residence

	<u>2005</u> %	<u>2007</u> %
Live in fraternity/sorority *	84	82
Off-campus apartment	67	61
University residence hall	53	49
Parents/guardian's house	47	38

* Caution: only 1% of total sample

Binge Drinking Rate By Participation in Fraternity/Sorority

	<u>2005</u> <u>%</u>	<u>2007</u> <u>%</u>
Participant in Fraternity or Sorority	79	74
NOT Participant in Fraternity or Sorority	57	52

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Consequences

Consequences or “Harms”

Direct Harms

- Negative consequence of own drinking
- Negative impact on student life and student learning
- Also, high-risk, dangerous behavior

Indirect Harms

- Second-hand effects of others' drinking, like second-hand smoke
- Impacts the broader community
- Effects can range from annoying to serious

Direct Harms

- Student learning
 - 32% reported missing a class
 - 21% performed poorly on a test or an important project
- Safety and Security
 - 35% had gotten into an argument or fight
 - 27% had driven while under the influence of alcohol
 - 16% had been hurt or injured
 - 15% had been in trouble with police or campus authorities
 - 6% involved in vandalism

Direct Harms

In terms of other high-risk behavior...

- 19% of respondents had unprotected sex
- 11% experienced unwanted sexual contact

- Among the 5 % of respondents who report that they had been pressured to go farther than they wanted to go sexually, alcohol or other drugs was a contributing factor in 87% of those instances.

Indirect Harms

- Student learning
 - 36% reported that it interrupted studying
 - 16% said it interfered with class attendance or class activities
- Safety and Security
 - 24% said it lead to damage to personal property
 - 18% said it made them feel unsafe
 - 14% felt it prevented their enjoyment of campus events
 - 8% had ridden in a car with an intoxicated student driver



Prevention & Education

Awareness of campus prevention education programs

- Nearly three-quarters did not know if their campus had such a program.
- About half were not sure if their campus provided help for students who have problems with alcohol or other drugs.

Summary

- Volume of reported drinking decreased slightly from 2005 to 2007.
- Direct and indirect harms decreased slightly from 2005 to 2007.
- Room to improve awareness of prevention and education efforts.

Questions?

