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Link to original story: <https://www.uwlax.edu/news/posts/an-esports-edge/>

**An Esports edge?**

### **UW-La Crosse study reveals cognitive gains from competitive gaming**

Image Captions

*1* *With the rapid growth of Esports, UWL opened its own “EZONE,” a recreational esports and gaming space inside the Recreational Eagle Center in 2022 to meet the demand from gamers. (UW-La Crosse)*