



Safety Net(work)

Produced by Department of Administration Bureau of State Risk Management

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Safety Spotlight:

Get Smart About
Antibiotics Week

Five Minutes for Safety:

Tie One On For
Safety

Quote of the Month:

“A penguin cannot become a giraffe, so just be the best penguin you can be.”

-Gary Vaynerchuk

Workers Comp

Claims Claims
FY15 YTD FY16 YTD

954 894

Lost Time Lost Time
FY15 YTD FY16 YTD

199 171



In This Issue:
Tread Safely This Winter
You Can Prevent Winter Falls

Tread Safely This Winter

Slips, trips and falls are one of the leading causes of injury each year for State of Wisconsin employees. Historically, the highest months of injury frequency tends to be during the winter season – November through March. Figure 1 shown below depicts the total number of slip, trip and fall workers compensation claims, by month, over the past five fiscal years. Figure 2 shown below illustrates the total number of slippery surface, ice, water, grease workers compensation claims, by month, over the past five fiscal years.

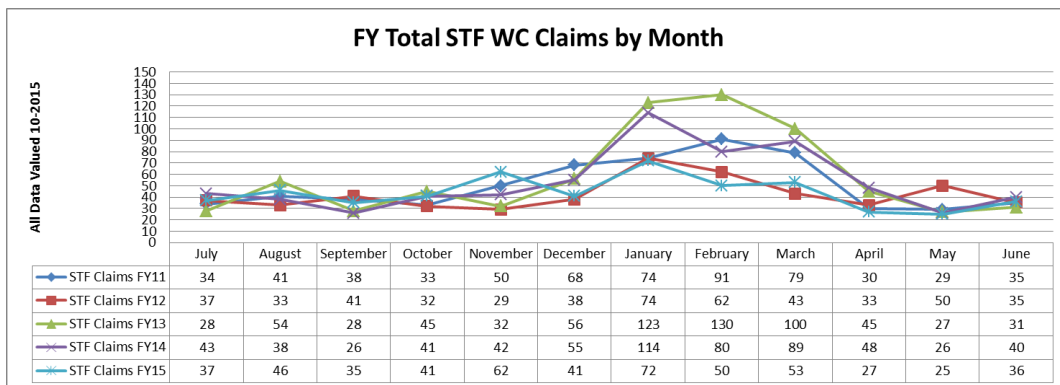


Figure 1

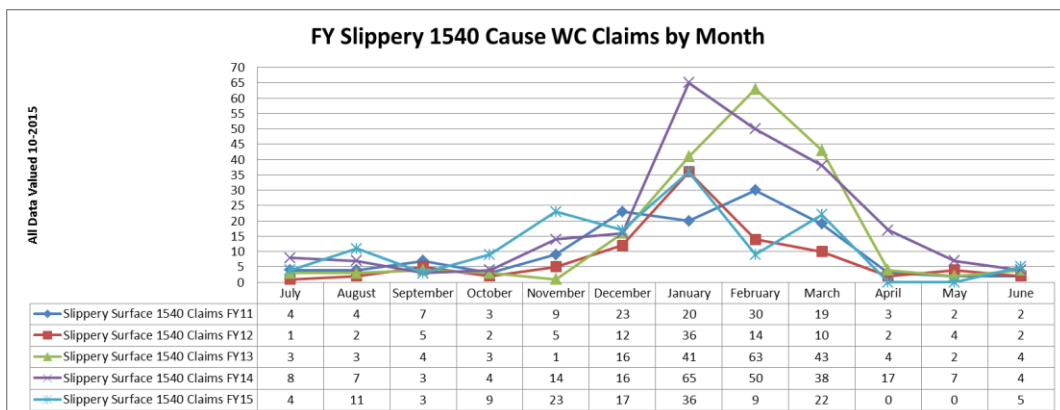


Figure 2

YOU CAN PREVENT WINTER FALLS

Consumer Safety

United States Consumer Product
Safety Commission

Contact Us

<http://www.doa.state.wi.us>

E-Mail

Jake.Lowell@Wisconsin.gov

Preparation:

- Plan ahead giving yourself enough time
- Wear appropriate footwear that provides traction
- Limit what you carry to provide better balance

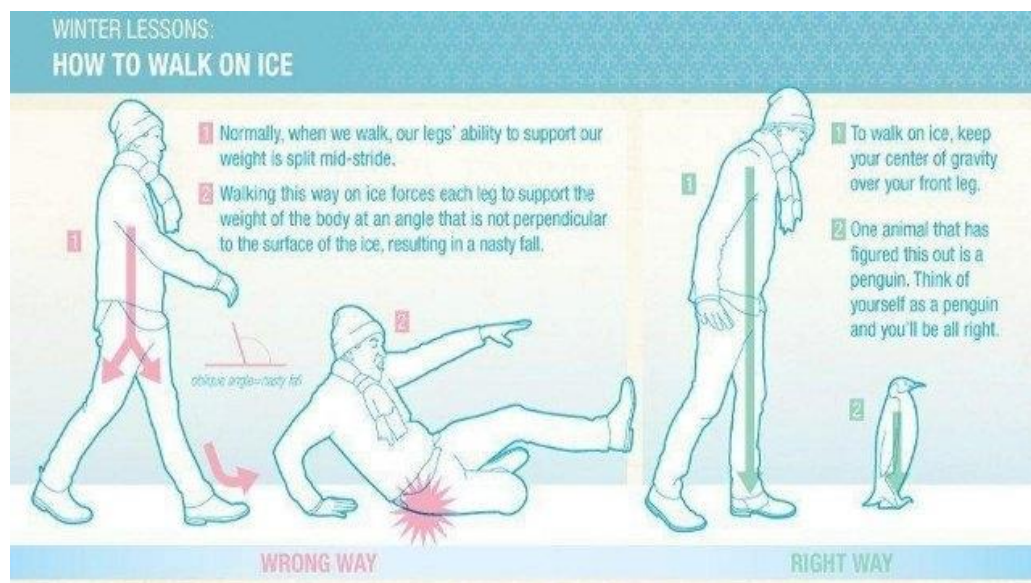
Action:

- Use designated walkways and avoid taking shortcuts
- When walking on steps, always use hand railings and plant feet firmly on each step
- Look out for black ice, especially early in the morning and in areas shaded from the sun
- Immediately report any unsafe conditions to Buildings and Grounds



Walk Like a Penguin (Diagram Shown Below):

- Point arms down at an angle and feet slightly outward
- Keep knees slightly bent
- Take slow short steps or shuffle to increase traction



SFM Mutual Insurance Company produced a series of short YouTube videos to assist in preventing winter falls (Hold Ctrl and click on hyperlink):

- Focus on your footing. Carry only what you can.
<https://www.youtube.com/watch?v=b8S030sUQBo>
- Do the penguin shuffle
<https://www.youtube.com/watch?v=CMX5T8nAd1s>
- Step down. Not out. Off the curb.
<https://www.youtube.com/watch?v=aeNhk9GSK6U>
- Step down. Not out. Out of cars.
<https://www.youtube.com/watch?v=K1yBKj7QGy4>