

Universities of Wisconsin employees that have retired or will retire within the next few months have an opportunity to enroll in or make changes to their benefits for the 2026 plan year **during the Benefits Open Enrollment period, October 6 - October 31, 2025.**

For active employees considering retirement, your current health insurance coverage will automatically continue into retirement. Retirement is **not** an opportunity for you to change your health insurance carrier or plan design (other than to an ETF Medicare plan).

The below resources are available to help already retired or upcoming retirees with their benefits decisions for the 2026 plan year. To enroll or make changes to your benefits for the 2026 plan year, you must submit your changes **during the Benefits Open Enrollment period, October 6 - October 31, 2025.**

- If you have already retired, you must submit your health insurance plan changes to the Department of Employee Trust Funds (ETF), your dental insurance changes to Delta Dental of Wisconsin, and your vision insurance changes to MetLife. This must be done **during** the open enrollment period.
- If you are still an active employee during the open enrollment period, you must make your changes to your benefits for 2026 by logging into Workday (myworkday.wisconsin.edu) then going to Personal, Benefits and Pay, Suggested Links, My Insurance Benefits. Review the Benefits Open Enrollment web page (<https://www.wisconsin.edu/benefits-enrollment/>) for more information.

If you have already retired or will retire within the next few months, the below resources may help you with your benefits decisions for the 2026 plan year.

- [Health Plan Search](#)
www.etf.wi.gov/its-your-choice/2026/health-plan-search/state
This tool may help you select a health insurance carrier that will provide services in the counties you would like to receive services in.
- [Dental Insurance – Find a Provider with Delta Dental](#)
www.deltadentalwi.com/s/find-a-provider
This tool may help you locate a dentist in Delta Dental's PPO or Premier networks. If you enroll in the Select plan, you should select a dentist in the PPO network. If you enroll in the Uniform Dental or Select Plus plan, you may select a dentist in the PPO or Premier networks.
- [Vision Insurance – Find a Provider with MetLife](#)
<https://idoc.metlife.com/members/MetLife/FindAProvider/Index>
This tool will help you locate a vision provider in the MetLife Superior network.

If you retired prior to October 6, 2025 (when the open enrollment period begins), the below resources may help you with your benefits decisions for the 2026 plan year.

- The **Insurance Benefits Decision Guide for Retirees** provides an overview of your 2026 benefits and premiums.
 - [Insurance Benefits Decision Guide for Retirees](#)

www.etf.wi.gov/publications/26et-2108

- The below web page provides you with instructions on how to enroll or make changes to your **health insurance** (including Health Savings Account (HSA) and Uniform Dental). You must send your paper enrollment forms for health insurance and the HSA **to ETF**.
 - [How to Enroll or Make Changes to Health Insurance for Retirees](#)
etf.wi.gov/its-your-choice/2026/state-employee-and-retiree-health-plan-supplemental-benefits/how-choose-enroll-your-benefits/enroll-or-make-changes/retirees-enrollment
 - [State Group Health Insurance Application/Change Form for Retirees \(ET-2331\)](#)
www.etf.wi.gov/publications/et2331
 - [Health Savings Account Enrollment Form for Retirees](#)
www.tasconline.com/wp-content/uploads/2025/10/ET-2385_HSA-Enrollment-Form-with-Terms.pdf
- The below web page provides you with instructions on how to enroll or make changes to your **dental and vision insurance**.
 - [How to Enroll or Make Changes to Dental and Vision Insurance for Retirees](#)
etf.wi.gov/insurance/dental-insurance/enroll-or-make-changes-dental-vision-and-accident-plan#etor
 - [Supplemental Dental Insurance Enrollment/Change Form for Retirees](#)
deltadentalwi.my.salesforce.com/sfc/p/#A00000000IEY9/a/6S0000029bUd/9WxFqfhRBIPxm7EqtixJaR5XJR6WX1wpLtl5VEWKlg
 - Send your paper enrollment/change form for dental insurance **to Delta Dental of Wisconsin** at the address on the form.
 - [Vision Insurance Enrollment/Change Form for Retirees](#)
[www.metlife.com/content/dam/metlifecom/us/homepage/wisconsin/2025-09-05-state_of_WI_dept_of ETF_\(retiree-vision\).doc](http://www.metlife.com/content/dam/metlifecom/us/homepage/wisconsin/2025-09-05-state_of_WI_dept_of ETF_(retiree-vision).doc)
 - Send your paper enrollment/change form for vision insurance **to MetLife** at the address on the form.

Questions

After you retire, your contact for benefits related questions is ETF. Contact ETF at (877) 533-5020 or [send a secure message](#) (<https://apps.etf.wi.gov/ETFMailWeb/ETFContactUsController?custType=OTHER>)